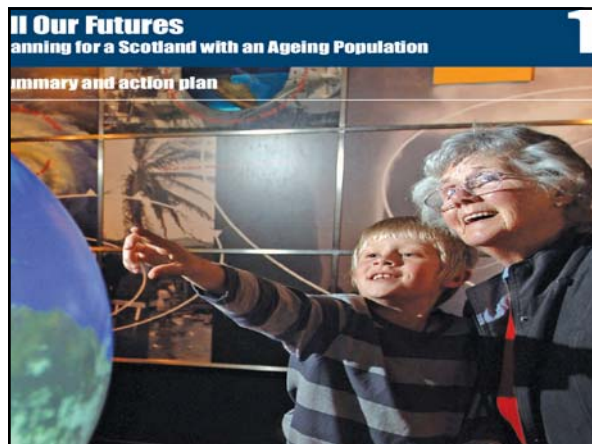


The Scottish Government
 Canadian Institute of Ageing
 study visit

Edinburgh
 12 March 2010
 John Storey, Older People and Age
 Team, Equality Unit





The Scottish Government

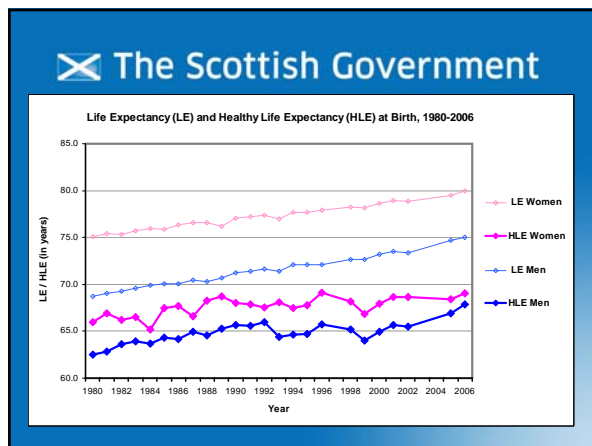
1	Manitoba	808,199 m ²
2	Quebec	595,402 m ²
3	Northwest Territories	519,744 m ²
4	Ontario	415,606 m ²
5	British Columbia	364,771 m ²
6	Alberta	255,545 m ²
7	Saskatchewan	251,371 m ²
8	Manitoba	250,120 m ²
9	Saskatchewan	186,276 m ²
10	Newfoundland and Labrador	156,456 m ²
	UK	94,600 m ²
	Scotland	30,414 m ²
11	New Brunswick	28,150 m ²
12	Nova Scotia	21,346 m ²
13	Prince Edward Island	2,185 m ²


The Scottish Government
 Scotland 5,165,500 est 30 June 2008

- Around 857,000 age 65 and over in Scotland
- 821,600 (96%) live at home
- of these, 55,300 get home care services
- 33,100 (3.9%) are in care homes
- 2,300 (0.3%) are in long stay hospital care
- 100,000 are working beyond state pension ages

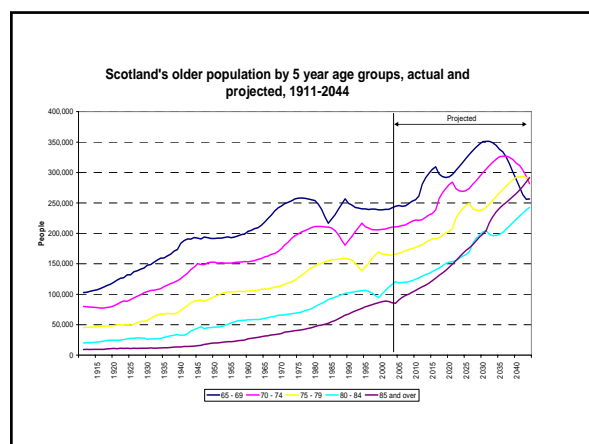

The Scottish Government

- Life expectancy in Scotland is increasing by roughly 2 months a year for females and at slightly faster rate for males...
- Healthy life expectancy has been increasing over the long term, but at a slower rate than overall life expectancy
- the gap between LE and HLE is greater for women than for men – women spend more years in poor health



🇬🇧 The Scottish Government

- ... but, Scottish men and women still have among the lowest expectation of life at birth in the EU-27 and a lower life expectancy than the UK average
- The no of 65s and over is increasing and particularly the over 84s:



🇬🇧 The Scottish Government

Royal Birthday greetings

In 1917, King George V sent 24 telegrams to congratulate those celebrating their 100th birthday that year.

In 1952, in the first year of her reign, Queen Elizabeth II sent 200 telegrams.

In 2007, she sent out 4,623 messages of congratulations, now as birthday cards.

Population projections suggest that by 2031 c. 40,000 people living in Britain will be over 100

🇬🇧 The Scottish Government

- In 60 year old's lifetime improvements in public health and medical science have increased life expectancy in UK by 10 yrs
- Default retirement age in UK is 65
- State Pension Age
- 65 for men now: 60 for women, increasing to 65 in 2020
- Between 2024 and 2046 SPA for men and women will rise from 65 to 68

🇬🇧 The Scottish Government

Already calls this should be 70 (PwC report Feb 2010)

65s and over in employment – UK Census

- 1881 73%
- 1911 56%
- 1991 5%

- Global Ageing Survey

70year olds in work – France <1%
– USA nearly 20%

🇬🇧 The Scottish Government

- Scottish Government spend on 60+ age group is well over £5.1bn a year
- £4bn (40%) of the health service budget £10.6 bn in 2008-09, £11.5 bn in 2010-11
- £1bn (60%) of the community care budget of £1.7bn
- + housing support
- + concessionary fares £163m

✘ The Scottish Government

- *All our Futures: Planning for a Scotland with an Ageing Population*
published on 9 March 2007
3 volumes
over arching –
covers all areas of life: active ageing, caring, community safety, housing, health, work, transport etc

✘ The Scottish Government

- Early decisions:
 - Older people should be closely involved
 - be positive: not see older people as a burden
 - avoid 'demographic time bomb' language
 - there are issues, and we need to plan for them
- one of the most extensive consultation and engagement processes ever undertaken by the Executive.

✘ The Scottish Government

- consultation identified 6 priority areas for action
- Improving opportunities for older people to participate and be involved
 - Forging links between generations
 - Improving health and the quality of life of older people
 - Improving care and support
 - Ensuring the right infrastructure is in place
 - Offering learning opportunities throughout life.

✘ The Scottish Government

The main commitments in *All Our Futures* have been delivered –

- *See the person, not the age* anti ageism campaign
- National Forum on Ageing
- Scottish Centre for Intergenerational Practice
- Stakeholder events
- Report to Parliament – 8 December 2008

✘ The Scottish Government

How do we help people maintain their independence and wellbeing into older age?

✘ The Scottish Government

Major current Government work:

Smoking cessation
Health improvement
Physical activity & active ageing
Dealing with health inequalities –
Equally Well and Keep Well
Reshaping care for older people

⚡ The Scottish Government

- Housing
 - care and repair
 - sheltered/very sheltered etc
- Age friendly communities
- Free bus travel scheme
- Free Personal Care
- Fuel poverty – help for fuel poor
Energy Assistance Package £60m a year
- Promoting benefit uptake to maximise incomes
- Freeze on council tax

⚡ The Scottish Government

Closer home – the individual:

- good neighbourliness
- social connections – be engaged in your community
- mentally active later life
- physical activity
- diet and nutrition
- falls prevention – pavements, homes

